

CERTIFICATE

OF PARTICIPATION

This is to certify that

Thomas Groenewald

Has successfully participated & completed the

15km Four Seasons @ the Cowhouse - Spring 2019

held at Cowhouse Market.

TIME 02:35:03

PACE 10:19/km

OVERALL 21 of 23

GENDER 15 of 17

60 - 69 1 of 1

26 October 2019, Sat

Date



BoutTime

Signature